

CITY OF SAN DIMAS  
SENIOR CITIZEN COMMISSION  
Thursday, September 7, 2006  
San Dimas Royal Mobile Home Park  
1630 W. Covina Boulevard

**CALL TO ORDER**

The meeting was called to order by Chairperson Williams at 7:00 p.m.

**ROLL CALL**

Present:

Lorous "Connie" Brown  
Doris Burland  
Judy Kephart, Vice Chairperson  
Marguerite Nelson  
Jay Pace  
Don Stevenson  
Joanne Williams, Chairperson

John Ebner, City Councilmember, attending for Denis Bertone, City Councilmember  
Theresa Bruns, Director of Parks and Recreation  
Erica Rodriguez, Senior Citizen Services Coordinator

Absent: Prudence Short, excused

**AUDIENCE COMMUNICATION:**

Audience communication was held at the end of the meeting. The Commissioners present proceeded to introduce themselves and thank the audience in attendance for their hospitality.

A resident shared concern that truck and other vehicles are parked overnight on Covina Boulevard. Councilmember Ebner stated that Code Enforcement will be notified to determine if the street is within San Dimas or Los Angeles County. The resident stated that the red paint was removed from the curb and a "No Parking" sign was posted. Councilmember Ebner stated that Public Works will be notified.

A resident asked why a recycling program was not encouraged in the Mobile Home Park. Councilmember Ebner stated that he would look into options available through Waste Management to share with the resident.

**APPROVAL OF MINUTES OF THE JULY 6, 2006 MEETING AS MAILED**

COMMISSIONER BURLAND MOVED TO APPROVE THE MINUTES OF THE MEETING OF JULY 6, 2006, SECONDED BY COMMISSIONER KEPHART AND PASSED UNANIMOUSLY.

## SENIOR CITIZEN/COMMUNITY CENTER UPDATE

### A. Attendance/Participation

Staff reviewed the quarterly Senior Citizen/Community Center usage and activity comparison report highlighting the daily nutrition program.

### B. Programs and Activities

Staff reviewed the following programs held in July and August.

July 3	Chuckwagon Social – Stars & Stripes
July 6	Excursion – “King & I” Glendale Centre Theatre
July 26	Excursion – Agua Caliente
July 28	Senior Event – “Spanish Eyes” Senior Prom
July 27	Excursion – Summer Surprise
August 2	Excursion – Agua Caliente
August 10	Intergenerational Event – Tea & Talent Show
August 11	Excursion – Summer Surprise
August 16	Excursion – Catalina Cruise
August 18	Senior Event – Italian Nights Dinner
August 22	Chuckwagon Social – National Clown Month Ice Cream Social
August 24	Excursion – Laguna Pageant of the Masters

Upcoming events and activities include:

September 6	Excursion – “My Way” at Welk Resort
September 11	Chuckwagon Social – Patriot’s Day
September 15	Senior Event – Night in Mexico Dinner
September 16	Excursion – Solvang
September 27	Excursion – Getty Villa
October 10-17	Excursion – New England Trails
October 11	Seasonal Event – Bunko Bonanza
October 18	Excursion – Pirates Dinner Show
October 24	Chuckwagon Seminar – Meet the Doctor
October 27	Senior Event – Oktoberfest Casino Night
October 28	Excursion – Oktoberfest in Big Bear Lake
October 31	Chuckwagon Social – Halloween

### C. Miscellaneous

None

## **REPORT REGARDING CHUCKWAGON NUTRITION PROGRAM**

Staff presented the results of the Daily Meal Survey conducted from July 17 through August 31, 2006. Staff stated that a total of 576 surveys were collected over a 25 day period. Of the surveys collected, 86% (or 491 surveys) stated that the "Overall Quality of the Meal" was "OK" or "Good". Participants reported that vegetables are often over-cooked and need improvement.

Don Herring, Director of Intervale Senior Services, described the social benefits of a congregate meal program and encouraged the audience to try the new menus. He discussed the benefits of healthy eating and shared that more salad entrees are available. Mr. Herring also shared the history of Intervale Senior Services and the connection with YWCA and the Older American Act. He urged audience members to promote or utilize the Home Delivered Meal Program. He explained that all menus are certified and approved by a Los Angeles County registered dietitian.

## **ORAL COMMUNICATIONS**

### **A. Staff**

Staff distributed the CD and Money Market matrix requested by the Commission during the July, 2006 Senior Citizen Commission meeting. Commissioner Brown requested that staff prepare an updated matrix for the November, 2006 Commission meeting for review and discussion.

Staff distributed Emergency Preparedness books to commissioners. Staff informed the audience that books are available at no cost by contacting the Los Angeles County Office of Emergency Management. Books will also be available at the San Dimas Senior Citizen/Community Center pending delivery.

Staff announced the resignation of Beverly Levereau from the Senior Citizen Commission. The City Clerk is currently accepting applications for her replacement.

### **B. City Council Liaison**

Councilmember Ebner commented that while visiting the Swim and Racquet Club a participant stated that handicap parking at the facility is difficult. He is currently looking for a solution.

Councilmember Ebner shared that shuffleboard is available at Civic Center Park. Staff will secure supplies that will be available to the public.

Councilmember Ebner stated that the Downtown Revitalization Program will be hosting community input meetings to encourage participation.

Councilmember Ebner reported that the Costco Project is proceeding, although a few homes remain to be purchased. He is hoping that construction will begin in late winter.

Councilmember Ebner reported that the San Dimas Canyon Shopping Center was purchased and a development proposal is pending.

**C. Members of the Commission**

Commissioner Pace commented that various trucks were parked on her street and she noticed that the crews were doing work in the sewer and wanted to know if that was the reason she was having sewer problems. Staff stated that they would notify the Public Works Department. Commissioner Pace also shared various negative comments she received regarding the Chuckwagon Nutrition Program. The Nutrition Program will be added to the November agenda to discuss the Interval Senior Services Question and Answer Report.

Commissioner Nelson commented that the west entrance to the Senior Center is not user-friendly for participants with disabilities. She inquired if anything could be done to ease use. Commissioner Nelson, who volunteers at the San Dimas Senior Citizen/Community Center reception desk on Tuesdays, stated that the bench outside the facility is very hot during the summer months and is not weather protected. Seniors wait inside and miss the Get About bus because the drivers cannot see inside. Staff will contact Get About and request that drivers honk and enter the building to locate passengers.

Commissioner Kephart stated that she checked the home on 5<sup>th</sup> Street on Wednesday and the weeds are not cleared out. Staff encouraged her to contact Code Enforcement.

Commissioner Burland thanked the audience members for their hospitality.

Commissioner Williams commented that the parking lot at the San Dimas Senior Citizen/Community Center is used by bus riders and stated that by 8:00 a.m. the parking lot is full. Staff will conduct a parking analysis.

Commissioner Stevenson invited everyone to participate in cribbage and pinochle at the San Dimas Senior Citizen/Community Center.

Commissioner Brown stated that exercise equipment was needed during the chair exercise class offered by Mt. San Antonio Community College. Staff will contact Mary Sue Lang, Emeritus Director, to secure equipment requested.

**ADJOURNMENT**

The meeting was adjourned at 9:10 p.m. to November 2, 2006 at 7:00 p.m. at the San Dimas Senior Citizen/Community Center.

  
Erica Rodriguez, Recreation Coordinator