

CITY OF SAN DIMAS  
SENIOR CITIZEN COMMISSION  
Thursday, September 1, 2011  
San Dimas Senior Citizen/Community Center  
201 East Bonita Avenue, San Dimas

**CALL TO ORDER**

Commissioner Wolfe called the meeting to order at 7:00 p.m.

**ROLL CALL**

Present:                   Lorous "Connie" Brown, Vice Chairperson  
                              Bee Dallas  
                              Fred Garcia  
                              Alta Skinner  
                              Ed Wolfe, Chairperson

                              Denis Bertone, Councilmember  
                              Leon Raya, Recreation Services Manager  
                              Erica Rodriguez, Recreation Coordinator

Absent:                    Lou Gross, unexcused  
                              Paul Hernandez, unexcused  
                              Chet Sasaki, excused  
                              Robbie Williams, unexcused

**AUDIENCE COMMUNICATION**

No audience communication at this meeting.

**APPROVAL OF MINUTES OF THE JULY 7, 2011 MEETING AS MAILED**

THE MINUTES OF THE MEETING OF JULY 7, 2011 APPROVED UNANIMOUSLY AS MAILED.

**SENIOR CITIZEN/COMMUNITY CENTER UPDATE**

**A.     Attendance/Participation**

Staff reviewed the quarterly Senior Citizen/Community Center usage and activity comparison report. Staff reported an attendance increase for the Chuckwagon Nutrition Programs and Meals on Wheels in the month of August. Staff stated that the computer classes, watercolor and brain fitness classes offered by Mt. San Antonio College resumed on August 29.

Staff thanked Commissioners Brown, Garcia and Sasaki for attending the Round-Up Social held at San Dimas Retirement Center on Thursday, August 18. A total of 27 residents participated. Staff noted an increase in requests for welcome packets from San Dimas Retirement Community residents following the Round-Up Social.

### **Programs and Activities**

Staff reviewed the following programs held in July and August:

July 01	Excursion – Pageant of the Masters
July 14	Chuckwagon Social – Bingo Social
July 14	Chuckwagon Social – Happy Hour
July 14	Seminar – Podiatrist
July 15	Senior Event – Senior Prom Dinner
July 20	Excursion – Harrah’s Rincon Casino
July 30	Excursion – Catalina
August 10	Excursion – Summer Getty-way
August 11	Chuckwagon Social – Bingo Social
August 11	Chuckwagon Social – Happy Hour
August 12	Senior Event – Indoor Picnic BBQ
August 19	Excursion – Hot Rides and Hot Fries
August 25	Seasonal – Bunko

Upcoming events and activities include:

September 02	Senior Event – Senior Prom Dinner
September 07	Excursion – Stars and Stripes Bus-1
September 08	Chuckwagon Social – Bingo Social
September 08	Chuckwagon Social – Happy Hour
September 09	Seasonal – Flu Shot Clinic
September 14	Excursion – Stars and Stripes Bus-2
September 22	Excursion – Lights, Cameras, Action
October 13	Chuckwagon Social – Bingo Social
October 13	Chuckwagon Social – Happy Hour
October 14	Senior Event – Psycho Circus
October 16	Excursion – Oktoberfest
October 27	Seasonal – Bunko
October 27	Chuckwagon Social – Halloween Social

### **C. Miscellaneous**

Staff commented that the Senior Citizens Club’s Bingo has a reinvigorated volunteer group. They have introduced new games and coffee. The current attendance ranges from 105 to 115. According to Linda Groth, Senior Citizens Club Treasurer, bingo is financially sound.

Staff reported that the Senior Center now offers table tennis on Thursdays and Fridays and Billiards Monday through Wednesday. A table tennis social was held on Thursday, August 11 with 12 players in attendance. Many players arrived with their own paddles and were highly skilled. Others were excited to be able to play with friends in a senior-friendly environment.

Tech Thursday continues to increase in participation. Volunteers from the San Dimas High School National Honor Society assist senior participants with cell phones, basic computer programs, or help with email or Facebook registration. Staff reported that students attended a sensitivity meeting to discuss senior needs and effective communication styles.

Staff reported that on Friday, September 9, CVS Pharmacy will host a free Flu Shot Clinic for Medicare and MediCal members at the San Dimas Senior Citizen/Community Center. Non-members may attend the Los Angeles County Health Department's Free Flu Shot Clinic on November 9 at the Plummer Community Building.

Staff reported that the Managers Exchange continues to grow. The purpose of the group is to promote communication between senior housing managers and increase their residents' participation at the San Dimas Senior Citizen/Community Center. Manager Raya suggested inviting the Managers Exchange participants to attend the Senior Citizen Commission meeting scheduled for November. Commissioner Skinner commented that working with the housing managers would be an effective venue to inform residents of services and programs available. Commissioner Wolfe suggested inviting managers to the Youth and Family Coalition.

### **SENIOR CITIZEN COMMISSION FOUNDATION QUARTERLY FINANCIAL REPORT**

Staff reported that the current Commission Foundation Money Market account balance is \$5,025.59. This balance reflects a Donor Wall donation for \$160.00 in honor of Patriotic Parents, deposited in the Money Market account on June 30. The Certificate of Deposit account matured on August 19, 2011 and as requested by the Commission, the current balance of \$5,058.25 was rolled over at California Bank and Trust for a one-year term, with a 0.15% APR, and a new maturity date of August 19, 2012. There are currently no recommendations for expenditures from the accounts.

### **ORAL COMMUNICATIONS**

#### **A. Staff**

Manager Raya invited Commissioners to the Walnut Creek Open Space Planning meeting scheduled for Thursday, September 29, 6:30 p.m. at the Plummer Community Building. Councilmember Bertone stated that the meeting will discuss the 60 acre parcel near Walnut Creek that was secured by the Rivers and Mountains Conservancy and the City of San Dimas.

Manager Raya invited all Commissioners to participate in the San Dimas 5K Run on Saturday, September 24. He highlighted the functions of the Quick Response Code printed on promotional postcards.

Manager Raya inquired if the Senior Citizen Commission would be interested in hosting a meeting off-site for the month of November. Commissioner Wolfe suggested hosting the meeting here and encouraging seniors to attend. Commissioner Wolfe suggested having an on-line function where seniors can provide feedback to the Senior Citizen Commission; download the Trekker Guide, SilverTimes Newsletter and service information. Manager Raya will follow up and identify if the capability currently exists.

As requested by the Commission, staff surveyed the nutrition programs offered by surrounding communities. The following data was collected:

City	Population	Meal Cost	~ Daily Attendance Lunch Program	~ Daily Attendance Dinner Program	Meal Provider
Arcadia			60, decreasing	No	Catering Systems Incorporated in Fullerton
Baldwin Park	80K	2.00	80, 100 during monthly social	No, tried but not successful.	Intervale Senior Services
Claremont	36K	3.20	100 and 105, two sites	No	Morrison Catering
Diamond Bar	--	--	Not Offered	Not Offered	
Glendora	50K	2.00	55	25, increasing	Intervale Senior Services
La Verne	33K	2.00	65	25 on Tuesdays and 35 on Thursdays	Intervale Senior Services
Pico Rivera	65K	2.75	95	No	Southeast Social Service Funding Authority.
San Dimas*	37K	2.00	60	40, Tuesdays and Thursdays	Intervale Senior Services
West Covina			150, 180 during activity		On site: Full-time chef, part-time assistant, kitchen worker.

Commissioners discussed that socio-economic factors seem to affect the attendance in the cities surveyed and noted that San Dimas is comparable to local communities with similar demographics with the exception of the City of Claremont.

**B. City Council Liaison**

Councilmember Bertone invited Commissioner Skinner to promote the San Dimas Day at the Fair. Commissioner Skinner invited everyone to attend the San Dimas Day at the Fair celebrations on Friday, September 16. She stated that this year’s theme, *It Takes a Village to Educate a Child*, focuses on youth and education. The mayors from the cities of San Dimas and La Verne will present Dr. Rapkin, Bonita Unified School District Superintendent, with a special recognition.

Councilmember Bertone announced that Commissioner Brown was elected President of the San Dimas Festival of Arts Committee. Commissioner Brown announced that a fundraiser will be held on September 23 to raise funds for the Wildlife Show scheduled for October 22.

Councilmember Bertone shared illustrations of Panda Express and Olive Garden restaurants which will be located adjacent to Costco.

Councilmember Bertone stated that negotiations are in process for an apartment building behind the Fresh and Easy store at Bonita Avenue and San Dimas Canyon Road.

**C. Members of the Commission**

Commissioner Garcia thanked staff for painting the curb red near Park San Dimas Apartments. He announced that Commissioner Sasaki donated a wheelchair and diapers to Park San Dimas. Park San Dimas will participate in the Great American Shakeout scheduled for October 20.

Commissioner Brown shared that a resident cleans the curb near her home so that other residents can enjoy walking and help keep the street clean. She inquired on the possibility of recognizing “good deeds” on behalf of the Senior Citizen Commission. She announced the Festival of Arts upcoming Wildlife Art Show. Councilmember Bertone suggested creating a Certificate of Appreciation that can be presented at the November Commission meeting and that perhaps this could be a function of City Commissions if appropriate. Staff will follow up.

COMMISSIONER BROWN MOVED TO PRESENT JAY PACE A CERTIFICATE OF APPRECIATION FOR HER WEEKLY ARTICLES HIGHLIGHTING THE BENEFITS OF THE SENIOR CENTER DURING THE NOVEMBER SENIOR CITIZEN COMMISSION MEETING, SECOND BY COMMISSIONER SKINNER AND PASSED UNANIMOUSLY.

Commissioner Skinner discussed the benefits of social media outlets to distribute event information. She reminded the Commission that nominations are always needed for the Community Hero awards and Citizen of the Year.

Commissioner Wolfe is interested in recruiting musicians to create a Community Band. Commissioner Brown suggested that Jay Pace include it in her weekly article. Commissioner Wolfe also reiterated the need to use the City website to inform residents of the Commission work and to solicit feedback. He shared the popularity of Facebook and suggested using it as a communication resource. Manager Raya noted that the City currently has decided not to adopt the use of Facebook. Commissioner Wolfe asked staff to follow up with the senior from Atria who wanted to share recipes; and he stated that the appreciation certificate is a good idea.

**ADJOURNMENT**

The meeting adjourned at 8:02 p.m. to November 3, 2011 at 7:00 p.m.

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Erica Rodriguez, Recreation Coordinator